

carmel
college



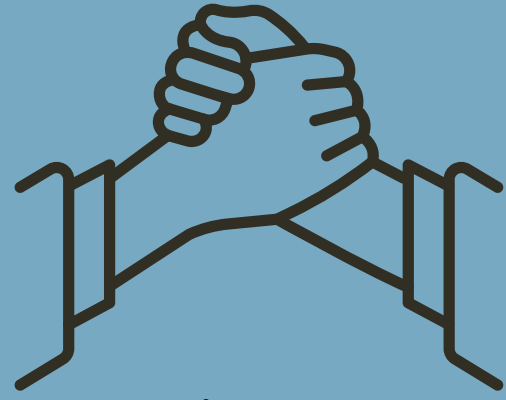
Carmel wellbeing

“Managers and teachers create a very caring
and inclusive environment”
- Ofsted 2019



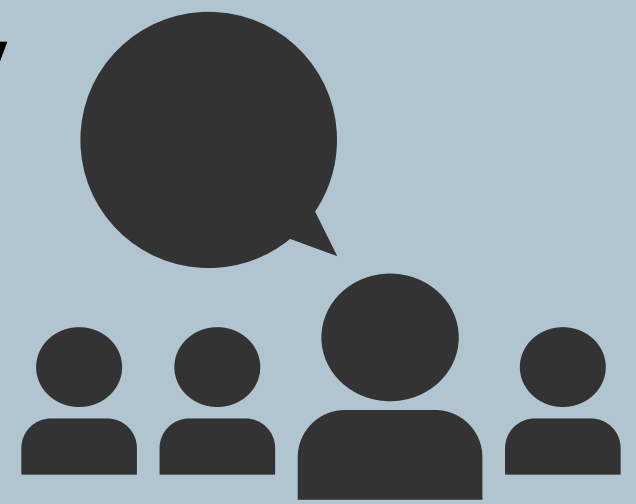
Support with your work

- Staff marking days
- Lieu time system
- High degree of autonomy in departments
- College leaders promote a healthy work-life balance
- Streamlined data management



Supportive Culture

- New starter mentor system
- Staff support groups
- Culture of flexibility with accountability
- Wellbeing training
- Open door policy



Get Active

- Cycle to work scheme – save up to 42% on bikes
- Free college gym
- Group fitness classes
- Free home workout videos
- Staff sporting events



Carmel Social

- Annual staff health day
- Staff Christmas activities
- Wellbeing week
- On-going community events



Professional Development

- Staff bitesize CPD programme
- Staff research projects
- Carmel 'Added Leadership Value' Programme
- Guest speakers
- NPQ qualification opportunities
- Staff encouraged to access external CPD



Wellbeing

- Free access to Occupational Health
- Free Headspace app access
- Carmel Wellbeing page signposting external support
- DfE Wellbeing Charter commitment



Visit [Connect](#) for more information

Carmel
wellbeing