



# 10:10 PROGRAMME

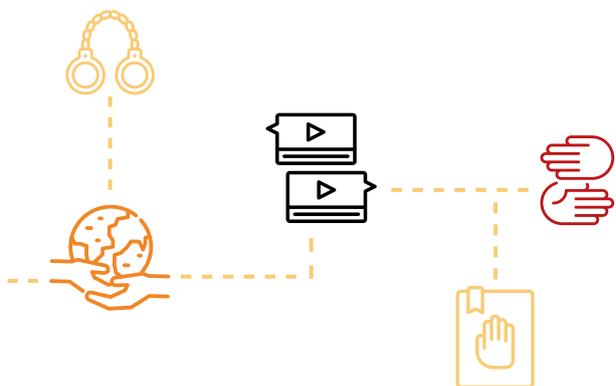
COURSE GUIDE 2019

I have come that  
they may have life,  
and have it to the full.

JOHN 10:10



# 10:10 PROGRAMME



## OUR STUDENTS SAY...

*I have enjoyed 10:10 this year because it has provided me with the opportunity to talk about my beliefs whilst also considering and learning about what other people think.*

We have studied topics involving religion and politics and have been able to openly discuss things during lessons. Writing about these has also helped me in my other subjects as I study both English Language and English Literature.

**Ellie Barrett** St Edmund Arrowsmith, Whiston  
Studying: English Language, English Literature, Psychology



### What is 10:10?

10:10 is Carmel's Pastoral and General RE Programme taking inspiration from the quote from the teaching of John 10:10 'I have come so that they may have life and have it to the full'. As part of the programme of study at college, all students are allocated one 10:10 lesson per week. It is split into two main sections, 10:10 Personal Achievement Tutor and 10:10 General RE. As a Catholic College, we have a great focus on nurturing the whole person and our 10:10 Programme ensures that our students not only achieve academically, but also personally.

### 10:10 PAT

As part of 10:10, each student is allocated a Personal Achievement Tutor (PAT).

The aim of our pastoral programme is to 'ensure that each individual realises their full potential'. Your PAT looks after you when you first arrive and monitors your progress throughout your time here to ensure that each individual realises their full potential.

They are your first point of contact to turn to for help and advice should you have a problem.

Your Personal Achievement Tutor will support you in all aspects of college life including:

- guidance in your studies
- help with study skills
- advice regarding possible career progression and application to Higher Education
- arranging any extra help or support you may need during your learning.



### What will I study?

Some of the topics we cover in our tutor group sessions are:

- Study Support
- The A Level Mindset - VESPA
- Employability
- Careers
- Safeguarding
- Health and Lifestyle
- Prevent
- British Values.

### Meet the Tutors

#### PAT TEAM

**Lesley Wynn**  
**Jo Drew**  
**Gavin Whitfield**  
**Emma Case**  
**Sam Johnstone**  
**Mark Hutton**  
**Derek Fox**  
**Carol Kenny**  
**Rebecca Hargreaves**

You can find the PAT team in Student Services.



Holocaust Memorial Day



Lasallian Developing World Project

## OUR STUDENTS SAY...

*Despite my initial apprehension I have found that 10:10 has actually been an enjoyable and interesting part of my week!*

I've been educated further on topical and global issues that I was previously unaware of. I have also developed life skills that have supported work in my A Levels such as developing my use of empathy in Philosophy.

**Emily Brown Ormiston Chadwick**  
Studying: English Literature,  
History, Philosophy



### 10:10 RE

The 10:10 RE Programme is at the heart of our mission and ethos as a Catholic college and plays a central role in the education of all students at Carmel.

The key aims of 10:10 RE are:

- to support the college ethos, based within the Gospel Values
- to ensure every student at Carmel has the opportunity to explore and examine ethical issues and moral debates
- to encourage skills of communication, reasoning, reflection and debate
- to encourage students to develop as a 'WHOLE' person, not just academically
- to provide opportunities for social, moral, spiritual and cultural education to underpin and support the remainder of students' academic studies.

### What will I study?

In 10:10 RE we aim to cover a wide range of topics which enable you to develop your own thinking skills. It is important to note that it is not religious instruction; we are not telling you what to think, just to think!

Themes throughout the year focus on persona identity and responsibility, human rights, equality and diversity as well as notable dates throughout the social and liturgical year.

### What is One World Day?

One World Day is a full-day event organised by the 10:10 RE team, which takes place during the first term of college. Lessons are suspended for the day and students have a tailored timetable of talks and workshops from guest speakers.

The theme each year centres on justice and equality. Guest speakers have included; Shaun Attwood, Bernie Hollywood MBE, Yellow House, Mike Garry- Poet and many local charities and organisations.

### Foundation Learning

All of our Foundation Learning students also have 10:10 RE lessons which follow a specialised programme of study, focusing on and investigating the Gospel Values such as love, forgiveness, charity and awe & wonder.

## Meet the Tutors

### RE TEAM

**Sarah Daley**  
(Head of Department)  
**Nathan Jolley**  
**Christine Taylor**  
**Karen Parr**  
**Hannah Moss**  
**Glenn Skelhorn**  
(Head of Philosophy,  
Ethics & Religion)

You can find the RE team in the Chaplaincy office.



One World Day

## OUR STUDENTS SAY...

*Carmel has helped me to understand and investigate many ethical issues within our world.*

As well as developing my own opinions on these issues, it has helped me to understand other people's points of view. This skill has carried over into my other subject too. 10:10 also allows me to interact with students who do not study the same A Level subjects as me which is a good way to meet new people in college.

**Lily Forsyth** De La Salle  
Studying: Biology, Chemistry, Philosophy



'10:10 has helped open my mind to different issues in society and has made me a lot more aware of them than I would have been without the lessons.'

'I found out new things and how people like to be referred to in society, this is important as it helps us in situations in real life.'

'The lesson gives me a greater insight in things I didn't know much about, allowing me to form my own opinions.'

'These lessons have made me think differently, to acknowledge other peoples' opinions as well as develop my own.'



**carmel**  
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